



MARRIAGE & FAMILY LIFE

If you're married, proceed to question 1. If you're single with children, you can skip to question 5.

1. What are some goals you have as a couple to strengthen your marriage?
2. In what ways can you grow in intimacy with your spouse this year?
3. What are your plans for having regular date nights? How will you handle childcare?
4. What plans will you make to pray and/or have "family meetings" together? What books would you like to read together this year?
5. What will deliberate, regular family time look like this year?
6. Do you have specific planned vacation time in mind for this year? What needs to happen to make this vacation a reality?
7. How is your current physical living space working for your family? Do you need to make changes to this?



GOALS FOR YOUR CHILDREN

1. What are ways you'd like each of your children to grow in the following areas?

a. Physically:

b. Emotionally:

c. Relationally:

d. Spiritually:

e. Educationally:

f. Other:

2. How will your children be educated this year? What are some resources you'd like to explore to help your children develop intellectually and academically?

3. What are your children's strengths? How will you help them use these well?

4. What are your children's weaknesses? How will you help them overcome these?



MONEY MATTERS

1. What is one specific area of progress you'd like to see this year in your financial health?
2. How is your current income? In what ways can you make this increase?
3. How much debt do you have? In what ways can you eliminate a sizeable portion of it (or all of it) this year?
4. How is your savings account? In what ways can you save more money this year?
5. What are some of your long-term financial goals? In what ways can you make progress on them this year?
6. Are you giving regularly? If not, in what way can you give financially this year?
7. What is your plan this month for starting progress towards better financial health?



NEW YEAR'S GOALS

Take a moment to reflect on your answers to all these questions. If you're inclined, apply these answers by setting a few goals for this year. Call them resolutions if you feel like it.

1. _____

2. _____

3. _____

4. _____

5. _____

Feel free to copy and distribute this worksheet, but do not sell it.

If you choose to quote any item from this download, please credit the source to Tsh Oxenreider at SimpleMom.net. Thanks!