

20 QUESTIONS FOR A NEW YEAR'S EVE REFLECTION



Whether you're headed to a party or headed to the living room with a bowl of popcorn, New Year's Eve is a great day for reflection. A whole year has passed since last New Year's Eve. You're a year older. Are you a year wiser?

Use these reflection questions however you see fit. Want to answer these questions solo? Grab a cup of coffee and a pen, and use the space provided on the first three pages. Want to chat over the answers with your spouse or with friends? Use the last page to cut each question into squares, and then toss them in a hat to draw, one at a time.

If you'd like ideas, tips, and motivation to kick-start next year, you might like my e-book, *One Bite at a Time*. Mosey over to 52bites.com and download yourself a copy. For \$1 off for the month of January, enter the code HAPPYNEWYEAR.

Head to SimpleMom.net for another round of questions that'll help you plan your goals for the new year. What are your plans? Your hopes? What would you like to happen for you personally, for your children, for your family? Be intentional, and jot down some ideas so that you can create a workable plan.

Happy reflecting! And pass over that bowl of popcorn.

Blessings,
Tsh
SimpleMom.net

REFLECTION QUESTIONS FOR NEW YEAR'S EVE

1. What was the single best thing that happened this past year?
2. What was the single most challenging thing that happened?
3. What was an unexpected joy this past year?
4. What was an unexpected obstacle?
5. Pick three words to describe this past year.
6. Pick three words your spouse would use to describe your year—don't ask them; guess based on how you think your spouse sees you. (If you're not married, have fun guessing the answers from other friends and family, or just skip this question.)
7. Pick three words your spouse would use to describe their past year—again, without asking.
8. What were the best books you read this year?

REFLECTION QUESTIONS FOR NEW YEAR'S EVE

16. What was the most challenging part of your work (both professionally and at home)?

17. What was your single biggest time waster in your life this past year?

18. What was the best way you used your time this past year?

19. What was biggest thing you learned this past year?

20. Create a phrase or statement that describes this past year for you.

REFLECTION QUESTIONS FOR NEW YEAR'S EVE

<p>What was the single best thing that happened this past year?</p>	<p>What was the single most challenging thing that happened?</p>	<p>What was an unexpected joy this past year?</p>	<p>What was an unexpected obstacle this past year?</p>
<p>Pick three words to describe 2011.</p>	<p>Pick three words your spouse would use to describe your past year—don't ask them; guess based on how you think your spouse sees you.</p>	<p>Pick three words your spouse would use to describe their past year—again, without asking.</p>	<p>What were the best books you read this year?</p>
<p>With whom were your most valuable relationships?</p>	<p>What was your biggest personal change from January to December of this past year?</p>	<p>In what way(s) did you grow emotionally?</p>	<p>In what way(s) did you grow spiritually?</p>
<p>In what way(s) did you grow physically?</p>	<p>In what way(s) did you grow in your relationships with others?</p>	<p>What was the most enjoyable part of your work (both professionally and at home)?</p>	<p>What was the most challenging part of your work (both professionally and at home)?</p>
<p>What was your single biggest time waster in your life this past year?</p>	<p>What was the best way you used your time this past year?</p>	<p>What was biggest thing you learned this past year?</p>	<p>Create a phrase or statement that describes this past year for you.</p>