

REFLECTION QUESTIONS FOR 2011



HAPPY NEW YEAR'S EVE!

Whether you're headed to a party or headed to the living room with a bowl of popcorn, New Year's Eve is a great day for reflection. A whole year has passed since last New Year's Eve. You're a year older. Are you a year wiser?

Use these Reflection Questions however you see fit. Want to answer these questions solo? Grab a cup of coffee and a pen, and use the space provided on the first three pages. Want to chat over the answers with your spouse or with friends? Use the last page to cut each question into squares, and then toss them in a hat to draw, one at a time.

From January 2 to 5, I'll be on incourage.me, sharing ideas, tips, and motivation to kick-start 2012, all from my newest e-book, *One Bite at a Time*. If you haven't yet, mosey over to 52bites.com and download yourself a copy. For \$1 off from now until January 6, 2012, enter the code HAPPYNEWYEAR.

On January 9, head back to SimpleMom.net for another round of questions. This time, you'll plan your goals for 2012. What are your plans? Your hopes? What would you like to happen for you personally, for your children, for your family? Be intentional, and jot down some ideas so that you can create a workable plan.

Happy reflecting! And pass over that bowl of popcorn.

Blessings,

Tsh

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1. What was the single best thing that happened this past year?
2. What was the single most challenging thing that happened?
3. What was an unexpected joy this past year?
4. What was an unexpected obstacle?
5. Pick three words to describe 2011.
6. Pick three words your spouse would use to describe your 2011 (don't ask them; guess based on how you think your spouse sees you).
7. Pick three words your spouse would use to describe their 2011 (again, without asking).
8. What were the best books you read this year?

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<p>What was the single best thing that happened this past year?</p>	<p>What was the single most challenging thing that happened?</p>	<p>What was an unexpected joy this past year?</p>	<p>What was an unexpected obstacle this past year?</p>
<p>Pick three words to describe 2011.</p>	<p>Pick three words your spouse would use to describe your 2011 (don't ask them; guess based on how you think your spouse sees you).</p>	<p>Pick three words your spouse would use to describe their 2011 (don't ask them; guess based on how you think your spouse sees you).</p>	<p>What were the best books you read this year?</p>
<p>With whom were your most valuable relationships?</p>	<p>What was your biggest personal change from January to December of this past year?</p>	<p>In what way(s) did you grow emotionally?</p>	<p>In what way(s) did you grow spiritually?</p>
<p>In what way(s) did you grow physically?</p>	<p>In what way(s) did you grow in your relationships with others?</p>	<p>What was the most enjoyable part of your work (both professionally and at home)?</p>	<p>What was the most challenging part of your work (both professionally and at home)?</p>
<p>What was your single biggest time waster in your life this past year?</p>	<p>What was the best way you used your time this past year?</p>	<p>What was biggest thing you learned this past year?</p>	<p>Create a phrase or statement that describes 2011 for you.</p>